

## Fr. Michael Goetz Library Learning Commons Teacher's Book Review



Psychiatric Tales, Darryl Cunningham Reviewed by Ms. Mouchbahani, January 27<sup>th</sup>, 2016

*Psychiatric Tales*, written by cartoonist Darryl Cunningham, is a personal account of his eye-opening and emotional experience working in an English psychiatric ward. Sharing separate stories about different disorders – dementia, depression, anti-social personality disorder, bipolar, and schizophrenia – he destigmatizes those who suffer from mental illness and clarifies the realities of each fascinating disease. In simple but penetrating black and white graphics, Cunningham captures the patients' suffering and isolation, and emphasizes the necessity of compassionate and expert care takers, as well as regulated medication. This is an important read about an important subject that is too often neglected and misunderstood.