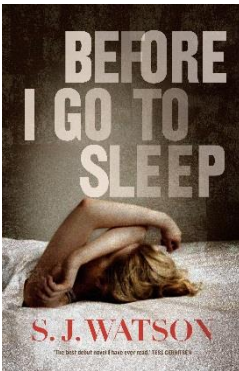# Fr. Michael Goetz Library Learning Commons
Teacher's Book Review

Before I Go to Sleep, **S.J. Watson**
Reviewed by Ms. Mouchbahani, May 29th, 2015

Before I Go to Sleep, by British writer S.J Watson, is a mystery thriller that if nothing else promises to be a "can't-put-down" type of book. A novel that can easily be criticized for lacking credibility, has to be applauded for its ability to keep its reader gripped and quickly turning pages, throughout the story and more intensely nearing the end. Ripped out of our own existence and placed into the life of a desperate protagonist whose memory is erased every morning she wakes up, we cannot help feeling as frenzied as she is to solve the puzzle of her life. Intelligently written, this book - plausible or not - taps into our fear and questions about the power and vulnerability of memory.